



"Empowering Extraordinary Minds"

Overview

Year Level Flexible

Extraordinary Leaders

A high energy day focussing on personal and social awareness through team building games, critical and creative thinking opportunities, trust and communication activities and problem solving opportunities. Students are called to action with a mighty problem to solve throughout the day. Perfect for developing persistence and resilience, working collaboratively, recognising emotions and reflecting on experiences. A must for recognising potential leadership or refining current leadership skills, the day may include a high ropes session to challenge students or alternatively conquer the low ropes course depending on age and outcomes requested from schools.

Curriculum Intent

Personal and Social Capability

GENERAL CAPABILITIES: PERSONAL AND SOCIAL CAPABILITY

- Self and Social Awareness
- Self and Social Management

Year 4 – Level 3

Year 5 & 6 – Level 4

Year 7 & 8 – Level 5

Year 9 & 10 – Level 6

General capabilities

- Literacy
- Numeracy
- Critical and Creative Thinking
- Information and Communication Technology (ICT) Capability

Itinerary

Learning Intentions:

WHAT... are we learning?

To manage and build personal and social awareness

WHY ... are we learning this?

These activities help develop personal and social awareness. These fundamental life skills assist you in becoming an active citizen throughout your life and build your capacity to be a great leader.

You will get out of today what you put in to it

HOW ... will you know you're successful?

- Identify how my emotions can affect people in my group
- Persist with activities that are challenging
- Value other people's ideas even if they are different to mine
- Contribute ideas and suggestions to the group

Students and adults will need:

- Closed in shoes
- Protective clothing from insects / warm clothing if in the cooler months
- insect repellent already applied
- Water bottle
- We discourage torches as there is enough lighting provided.

CARAs

- Movement on uneven surfaces
- Science low

***Suggested Timetable of the day**

**Suggested timetable only and subject to change*

EMPOWERING	TIME	ACTIVITIES
	9.00	Welcome & Induction Australian Curriculum focus: WHAT WHY HOW Goal Setting & Pre-test data collection Discussion about what is a leader
	9.45	Call to action – students are provided with their mission for the day's activities.
	10.00	Team Building Games, Low Ropes, High Ropes
	11:30	Lunch(+)
	12.00	Team Building games, low ropes, high ropes
	2.00	Revisit Australian Curriculum focus: WHAT WHY HOW Review Goal Setting & complete Post-test BIEEC feedback
	2.30	Students depart (+)
*Denotes – activity taken by BIEEC staff with visiting school staff support # Denotes – activity taken by visiting school staff with BIEEC staff support + Denotes – activity taken by visiting school staff		